	ALERT®
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## Wellness Assessment - Adult

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Completing this brief quarticanaire		· ·	TABS COSHIEL	16 - Muuit			
Completing this brief questionnaire will help us provide best you can and then review your responses with your control of the	services that m	eet your ne	eds. Answer e	ach question as			
Client Last Name First Name	initiolali. I lease	snade circ		3			
Subscriber ID			Date of Birth: (mm/	dd/yy) /			
Aut	horization#		<u></u>				
Clinician Last Name			_				
First Name	1		Today's Date: (mm/c	Idoni			
Clinician ID/Tax ID  Clinician Phone	. 6						
000272073002 262 24	1-59	55	State W/	MRef ()			
Visit #: O 1 or 2 O 3 to 5 O Other				8			
For questions 1-16, please think about you	w experience is	Albin in water					
How much did the following problems bother you?	Not at All						
1. Nervousness or shakiness	NOI GI AII	A Little	Somewhat	A Lot			
2. Feeling sad or blue	0	0	0	0			
3. Feeling hopeless about the future	0	0	0	0			
4. Feeling everything is an effort	.0	0	0	. 0			
5. Feeling no interest in things	0	0	0	Ö			
	0 .	0	, 0	0			
p date of thomg	· O	0	0	0			
7. Trouble sleeping	O	0	0	0			
8. Feeling fearful or afraid	O 15.31	0	. 0				
9. Difficulty at home	Ō	. 0	0	0			
10. Difficulty socially	Ô	0		0			
11. Difficulty at work or school	0	0	. 0	0			
How much do you agree with the following?	Strongly Agree	Agree	Disagree Si	transl. D'			
12. I feel good about myself	0	0	Disagree Si	trongly Disagree			
13. I can deal with my problems	0.	0	0	O			
14. I am able to accomplish the things I want	. 0	0	0	O			
15. I have friends or family that I can count on for help	0	, ()	, 0	0			
16. In the past week, approximately how many drinks of ale	cohol did you b	O	0 _	O			
				Drinks			
Please answer the following questions only if this is your first time completing this questionnaire.  17. In general, would you say your health is: O Excellent O Very Good O Good O Fair O Poor  18. Please indicate if you have a serious or chronic medical condition:							
O Asthma O Diabetes O Heart Disease O Back	Pain or Other (	Chronic Pa	in O Other	Condition			
19. In the past 6 months, how many times did you visit a m	edical doctor?	ON	Ione $\bigcirc$ 1 $\bigcirc$ 2.				
20. In the past 6 months, now many times did you visit a medical doctor?   None 1 2-3 4-5 6+  The past 6 months, now many times did you visit a medical doctor?   None 1 2-3 4-5 6+  (answer only if employed)   Days							
21. In the past month, how many days were you able to work but had to cut back on how much you got done because of your physical or mental health? (answer only if employed)  Days							
22. In the past month have you ever felt you ought to cut down on your drinking or drug you?							
23. In the past month have you ever felt annoyed by people criticizing your drinking or drug use?  24. In the past month have you felt bad or guilty about your drinking or drug use?  Yes O No O Yes O No							



